

required to have a peaceful
rest.

a) partially shut my
window

b) make sure my heating
is on

c) make sure my socks
are on

d) make sure my ~~sp~~
sleep(eyes) mask is on

e) make sure surah
Bagarah (Sheikh Ibrahim
Alkhdar) is playing

f) make sure my
airplane mode in
my phone is on

g) make sure I am